

# **NAVARRO COLLEGE**

## **CHEERLEADING TRYOUTS**

### **5-TIME NCA NATIONAL CHAMPS**

**2000 - 2003 - 2004 - 2006 - 2007**

#### **TRYOUT CLINIC FOR 2008 - 2009 SCHOOL YEAR:**

(CLINIC AND TRYOUTS WILL BE HELD IN THE SPECIAL EVENTS CENTER)

FRIDAY- APRIL 18, 2008: 7:00PM - 9:00PM

#### **TRYOUTS FOR 2008 - 2009 SCHOOL YEAR:**

SATURDAY- APRIL 19, 2008: BEGIN AT 10:00AM

#### **FEMALES:**

**WEIGHT LIMIT:** Females over 120 lbs will be trying out for a tumbling position only. A high level of tumbling skill is required for this position (fulls or better).

**CHANT AND DANCE:** Taught at clinic

**TUMBLING:** A standing back tuck is incorporated in the chant, a standing back handspring back tuck is incorporated in the dance, and running tumbling requires a minimum of a back tuck.

**STUNTS:** Awesome, heel stretch full down (double down preferred), one optional stunt

**JUMPS:** Combination of three jumps including a toe-touch

**ATTIRE:** Sports bra and spandex/cotton shorts

#### **MALES:**

**CHANT:** Taught at clinic

**TUMBLING:** Standing back tuck incorporated in chant

**STUNTS:** Awesome, heel stretch full down (double down preferred), one optional stunt

**JUMPS:** One toe touch

**ATTIRE:** Work out shorts and shirt

\* Males may tryout for a specialty position in tumbling or stunting. Tumblers will do two specialty passes in place of stunts.

#### **SCHOLARSHIPS:**

There is no set number of cheerleaders that will be chosen at tryouts; however, the average is about 18 males and 12 females. There are 20 scholarships available in the amount of \$1350 for EACH semester to be used toward housing. The scholarships will be given to the top candidates, and the coach has the right to not award all scholarships at the April tryout date.

PLEASE COMPLETE ENCLOSED APPLICATION AND MEDICAL RELEASE FORM AND MAIL TO:  
NAVARRO COLLEGE C/O MONICA ALDAMA 3200 W. 7<sup>TH</sup> AVE. CORSICANA, TX 75110. FOR  
QUESTIONS OR MORE INFORMATION, PLEASE CONTACT MONICA ALDAMA AT (903) 875-  
7495 OR YOU MAY E-MAIL AT [monica.aldama@navarrocollege.edu](mailto:monica.aldama@navarrocollege.edu) . FOR A TOUR OF NAVARRO  
COLLEGE, CALL 1-800-NAVARRO.