Health and Functional Requirements for the Vocational Nursing Student

**Students enrolled in Vocational nursing courses must be able to independently:**

- Assess patients accurately. Accurate assessment requires the adequate use of the senses of vision, hearing, smell and touch with or without assistive (mechanical) devices.
- Skillfully execute nursing care and emergency care treatments and procedures. Execution of treatments and procedures requires: a) functional psychomotor movements that are coordinated; b) equilibrium; and, c) functional use of the senses of touch and vision.
- Communicate accurately with patients, family and health care workers. Communication requires the ability to hear, observe, speak, read, write, and interpret information. Students must be able to communicate effectively in oral and written form with all health care team members, patients, and families.
- Exercise good judgment and utilize intellectual abilities to choose, prioritize and complete tasks, and to problem solve effectively in nursing situations.
- Develop mature and compassionate relationships with patients and co-workers and demonstrate stable emotional health in adapting to: a) changing environments; b) physically demanding work-loads; and c) stress.

Any applicant who is unable to meet these program requirements may request reasonable individual consideration for admission. No otherwise qualified handicapped individual shall solely by reason of the handicap be excluded from participation, be denied the benefits of, or be subject to discrimination under any nursing program or division activity.

- Prior to the first class day, all accepted students are required to submit the following information:
  - Documented health history
  - Medical physical examination
  - Documentation of required immunizations (may also include proof of disease or titre [blood test to show immunity]
  - Required immunizations include:
    - Measles, Mumps, Rubella (2 doses) – if born after 1957
    - Varicella (chicken pox)
    - Tetanus (within last 10 years)
    - Hepatitis B series (series must be completed)
    - Tb skin test
*Essential Clinical Performance Standards*

The Vocational Nursing Student must have sufficient:

1. **Visual acuity** with corrective lenses to:
   a. Accurately read small print on medication containers, syringes, discriminate color changes, read type at 8 font, and hand-writing on college ruled paper.
   b. See objects up to 20 inches away
   c. Accurately read monitors and equipment calibrations
   d. Identify call lights and unusual occurrences on a unit at a distance of 100 feet.

2. **Auditory perception with corrective devices** to:
   a. Hear monitor alarms, emergency signals, client’s call bells, pagers, and telephone conversation.
   b. Hear client’s heart sounds, bowel sounds and lung sounds with a stethoscope
   c. Receive and understand verbal communication from others
   d. Distinguish sounds with background noise ranging from conversation levels to high pitched sounding alarms.

3. **Physical ability and stamina** to:
   a. Perform client care for an entire length of clinical experience (8-12 hours).
   b. Stand for prolonged periods of time (8-12 hours).
   c. Transfer/position/lift up to 300 lbs with assistance
   d. Lift and carry objects (up to 30 lbs) without assistance
   e. Push/pull equipment requiring force on linoleum and carpeted floors
   f. Stoop, bend, squat, reach overhead while maintaining balance as required to reach equipment, supplies, and perform client care, including cardiopulmonary resuscitation (CPR)

4. **Manual dexterity including sufficient gross motor and fine motor coordination** to:
   a. Pick up, grasp, and manipulate small objects with control
   b. Perform electronic documentation and keyboarding.