NAVARRO COLLEGE CHEER TRYOUTS

VIDEO TRYOUT FORMAT:

Please introduce yourself and tell why you would like to cheer at Navarro College. Please do all tumbling skills on hard floor. If you cannot do some of the following skills, do a lower level skill instead. Send in video along with cheer application and questionnaire. Results will be emailed in May.

FEMALES: Please include the following:

- 1. Chant with a standing back tuck can be short and easy
- 2. Dance with a standing BHS back can be short and easy
- 3. Toe touch BHS back/full
- 4. Any additional standing tumbling that you would like to include (toe full, 2 to full, etc)
- 5. One running tumbling pass (if you are trying out for a tumbling position only, you can do an additional tumbling pass instead of stunts)
- 6. Elite stunt to scale double down
- 7. Elite stunt to stretch double down

MALES: Please include the following:

- 1. Chant with standing back tuck can be short and easy
- 2. Toe touch BHS back/full
- 3. Any additional standing tumbling that you would like to include (toe full, 2 to full, 2 to full full, etc.)
- 4. One running tumbling pass (if you are trying out for a tumbling position only, you can do an additional tumbling pass instead of stunts)
- 5. Elite stunt to scale double down
- 6. Elite stunt to stretch double down
- 7. Elite stunt of your choice